

ENGL 102MC : Introduction to Literature: Mindful

Introduces students to representative works from major genres such as fiction, poetry, and drama. Through reading, writing, and class discussion, students analyze texts to understand the role of literature in culture. This course features the study of mindfulness and incorporates mindfulness meditation as an instructional method while also exploring aspects of emotional intelligence as they relate to effective communication. Students who have received credit for this course cannot also receive credit for ENGL 102C and ENGL 102C-FYE.

Credits 3

Lab/Practicum/Clinical Hours 0

Lecture Hours 3