

ADED 155C : Oral Hygiene Education/Nutrition

Methods of preventive oral hygiene education, including patient motivation, will be discussed. Lectures in nutrition will stress the importance of good eating habits in maintaining optimal general and dental health. Emphasis will be given to the essential role of the dental assistant in counseling the patient in these disciplines. (

Credits 2

Lab/Practicum/Clinical Hours 0

Lecture Hours 2

Prerequisites

ADED 110C

Learning Outcomes

- State the rationale of preventive dentistry and thoroughly describe the components.
- Research peer-reviewed literature to recommend home care products to patients.
- Describe acquired pellicle, plaque, and calculus and give their relevance to dental diseases.
- Demonstrate the major tooth brushing techniques and proper flossing technique.
- Discuss why patient motivation and communication is essential for control of dental diseases.
- Explain the negative health effects of tobacco use and apply appropriate intervention techniques.
- List the classes of nutrients and describe their major functions in the body.
- Discuss nutrient and energy needs with patients in the clinical setting.
- Identify dietary supplements that are contraindicated for dental treatment.
- Explain the different types of eating disorders and the signs you would see in the oral cavity and other physical signs.