

Counseling Services

NHTI offers individual short-term counseling and prevention services to all NHTI students. Counseling services are provided by licensed, eligible-in-the-state-of-N.H. mental health professionals sensitive to issues of race, gender, ethnicity, sexual orientation, ability, culture, and learning differences. Counseling sessions are confidential and not part of the academic record. For longer-term services, referrals are made to local mental health professionals. Crisis intervention services are offered during open hours. After-hours crisis coverage is coordinated with community mental health services.

NHTI Counseling provides the following services:

- Short-term student counseling based on the Wellness Model
- Consultation to students, staff, and faculty
- Crisis intervention
- Resource and referral services
- Sexual and relationship violence prevention

Visit [NHTI Counseling Services online](#).