

Human Service

Degree Type

Associate of Science

NHTI's Human Service degree program provides you with the knowledge, skills, and abilities to have a rewarding career as a helping professional to further your education. You'll acquire a broad understanding of human/social/community service, an interdisciplinary knowledgebase, and the skills required to be a best-practices helping professional (critical thinking, complex reasoning, communication, being a team member, engaging in human interaction, applying content knowledge, life-long learning, ongoing professional development, and personal growth).

The Human Service degree includes embedded certificates:

- A basic and advanced Human Service certificate, each of which validates student knowledge of specific skills needed for entry-level positions as helping professionals.
- Mindful Communications certificate, which includes four courses that provide students with skills to improve focus, attention, and mood, and reduce stress.



Do you have questions? Contact Michael O'Bryant, department chair, at mobryant@ccsnh.edu or 603-271-6484 x4269.

Career Information

The Human Service degree may serve as a stepping stone to a career as a helping professional and/or to a 4-year degree in Human Services, Psychology, Counseling, or related majors. Students who complete this program can enter into the following professions (not an inclusive list):

- Case worker
- Residential counselor
- Support worker
- Case management aide
- Client advocate, intake interviewer
- Social work assistant
- Mental health aide
- Behavioral management aide
- Family support worker

Admission Requirements

Apply for this program today on our [Admissions page](#) with step-by-step instructions and enrollment pathways build just for you!

Curriculum

First Year

Fall Semester

Item #	Title	Lecture Hours	Lab Hours	Credits
	ENGL120MC/COMM120MC	3	0	3
HSV111C	Introduction to Human Service	3	0	3
MHTH187C	The Helping Relationship: Interpersonal Communication Skills for Today's Professional	4	0	4
PSYC105C	Introduction to Psychology	3	0	3
	Subtotal Credits	13	0	13

Spring Semester

Item #	Title	Lecture Hours	Lab Hours	Credits
BIOL120C	Human Biology	3	2	4
ENGL101MC	English Composition: Mindful	4	0	4
HSV242C	Ethics and the Professional Helper	3	0	3
PSYC283C	Group Counseling	3	0	3
SOCI250C	Conflict Resolution in Modern Society	3	0	3
	Subtotal Credits	16	2	17

Second Year

Fall Semester

Item #	Title	Lecture Hours	Lab Hours	Credits
ADCL120C	Survey of Addictive Behaviors and Treatment	3	0	3
ENGL102MC	Introduction to Literature: Mindful	3	0	3
HSV195C	Human Service Practicum I	2	8	4
MATH120C	Quantitative Reasoning	4	0	4
PSYC280C	Individual Counseling: Theory and Practice	3	0	3
	Subtotal Credits	15	8	17

Spring Semester

Item #	Title	Lecture Hours	Lab Hours	Credits
ADCL235C	Physiology and Pharmacology of Addiction	3	0	3
HSV221C	Social and Professional Issues in Today's Society	3	0	3
HSV298C	Human Service Practicum II	2	8	4
PSYC220C	Human Growth and Development: The Life Span	3	0	3
	Subtotal Credits	11	8	13
	Total Credits			61

Additional Information

This program provides students supervised, hands-on training in the form of two 15-week practica of 125 hours (~ 8 hours/week). Options include human services, mental health, and gerontology. Students practically apply classroom knowledge and theory while they refine their skills. At the same time, students gain confidence on their pathway to becoming a best practices helping professional. Students build a solid foundation and a competitive advantage for future success and employment. This foundation also includes the development of soft skills, which are essential for employability. The practicum experience may lead to full-time entry-level positions.

Health, Technical, and Character Standards

The college must ensure patients/clients are not placed in jeopardy by students during learning experiences. Therefore, students in practica, service learning, and clinical experiences must demonstrate sufficient emotional stability to withstand the stresses, uncertainties, and changing circumstances that characterize patient/client care responsibilities. The student is expected to have the emotional stability required to exercise sound judgment, accept direction and guidance from a supervisor or faculty member, and establish rapport and maintain sensitive interpersonal relationships with employees, customers, and/or patients/clients and their families.

Health Considerations

All Human Service majors will receive NHTI health forms, which must be completed with requested health physical exams, and TB testing prior to the start of classes. Each student is required to obtain NHTI liability insurance starting in each academic year. Students will be billed directly. Students are also eligible to purchase health insurance through NHTI for their own health needs.

Character Expectations

- Human Service and Addiction Counseling students work closely with individuals of all ages. Many of the practicum sites and potential employers will perform a background check through the N.H. Department of Safety, police, and potentially the FBI. A student's driving record will be examined and considered prior to acceptance into some practicum and employment opportunities. The student may be called on to pay for the background checks.
- Applicants who have been in difficulty with the law, depending upon the nature of the problem, may not be employable or even eligible for practica. Applicants need to discuss these issues in an interview or meeting so future goals will not be compromised.

Technical Standards

These have been established as guidance tools to inform program applicants of skills and standards necessary for successful completion of the Human Service programs. Any applicant who has concerns or questions regarding the technical standards is encouraged to contact the department chair. Students must be able to demonstrate the ability to:

- Communicate verbally in classes and as a professional in counseling situations
- Use sufficient verbal skills and language to collaborate with a variety of helping professionals in clinical, societal, and professional areas; deliver accurate and required information; and search for information
- Use sufficient writing ability to formulate written assessment, charting notes, reports, etc.
- Sustain cognitive integrity in areas of short- and long-term memory, written documentation, and follow-through of responsibilities
- Concentrate on the execution of treatment plans, assigned skills and tasks, and integration and communication for short and long periods of time
- Work in settings that may lend themselves to frequent interruptions, immediate crisis response, and role responsibility exchange
- Cope with a variety of stressors, including people-place occurrences, and demonstrate safe and required care for individuals and the workplace as a whole
- Secure transportation to practicum sites and classes
- Consistently attend and participate in classes
- Demonstrate and maintain organizational skills, time management, and professional respect and conduct, either at a practicum site or in the community
- Adhere to and practice the Human Service department's ethical guidelines

Sobriety Statement

The Human Service department abides by the accepted national standard that recommends a minimum of two years of sobriety for any prospective trainee in the field of alcohol and other drug-use counseling.

Program Learning Outcomes

- Demonstrate a knowledge of and the ability to practice and to engage in the competent, respectful, non-judgmental, supportive, and professional relationships required of the human service professional in their interactions with individuals in various situations: academically, one-on-one, groups, as team members, and at a practicum site with clients and staff.
- Understand the facts, concepts, theories, and principles taught and learned in program courses and how each informs the knowledge, skills, attitudes, capabilities, interest in life-long learning, professional development, and socially conscious behavior required of the competent, ethical, and multi-culturally aware human service professional.
- Identify, analyze, evaluate, and select the appropriate strategies, methods, and tools required for effective communication (verbally, non-verbally, in writing, on computers and electronic devices) with individuals in a variety of human service professional contexts and settings.
- Actively listen, process information, ask questions, seek answers, integrate knowledge, search for meaning, and develop ideas and concepts that result in relevant and consequential action.
- Demonstrate an understanding of the importance of developing healthy practices of self-care, self-reflection, increased self-awareness, and personal responsibility, all of which are critical to being a best-practices helping professional and a productive member of society.
- In addition to the above, the graduate will be able to:
 - Describe the obligations required of the helping professional with respect to adhering to best practices behavioral, ethical, and legal standards of conduct and confidentiality.
 - Establish therapeutic relationships and boundaries with diverse clients.
 - Demonstrate basic, entry level interviewing, counseling, and other skills needed to therapeutically interact with clients.
 - Demonstrate an understanding of effects of alcohol and other drugs on the body and brain.
 - Demonstrate knowledge of accepted principles of client documentation and record management.

Click here for the full [PDF of learning outcomes](#).