

PSYC 283C : Group Counseling

A study of therapeutic intervention as carried out in and through a group. The course design includes academic discussion of group processes and participation in a concomitant lab experience.

Credits 3

Lab/Practicum/Clinical Hours 0

Lecture Hours 3

Prerequisite Courses

MHTH 187C

PSYC 105C

Learning Outcomes

- Communicate personal strengths/challenges and professional knowledge/skills and translate to group leadership.
- Recognize cultural value system with emphasis on how these impact work as a group leader.
- Identify and describe the stages of group work and all aspects involved including leader and member participation.
- Describe the different types of groups used in the profession with accuracy on the purpose.
- Identify the professional organizations for counselors.
- Recognize aspects of cultural competency as this relates to group work.
- Associate mindfulness towards the work as a group leader.