## PSYC220C: Human Growth and Development: The Life Span

A study of the psychological implications of the growth and development of the human person with a special emphasis on the physical, cognitive, social, emotional, and ethical dimension in infancy, childhood, adolescence, and adulthood. Available in honors format.

Credits 3

Lab/Practicum/Clinical Hours 0

**Lecture Hours** 3

## **Prerequisites**

Students are required to pass prerequisite courses with a grade of C or higher. Exceptions apply; please consult your department chair.

Students must take either PSYC105C or PSYC105MC.

PSYC105C

PSYC105MC

## **Learning Outcomes**

- Describe human development and the life span approach, contrasting the biosocial, cognitive, and psychosocial contexts of development and explaining how development relates to continuity and change.
- Demonstrate knowledge of the major theoretical perspectives of human development.
- Explain the impact of nature and nurture on human development throughout the life span.
- Explain how various types of research contribute to an understanding of human development by describing commonly used methods in research on human development and evaluating the strengths and weaknesses of longitudinal versus cross-sectional research.
- Demonstrate critical thinking skills through examination, reflection, and questioning aspects of human development from childhood through the aging process to death and dying.

1 NHTI Catalog